For citizens with disabilities like me, Self-Determination is a way to gain more responsibility, support, and authority of our lives.

*My journey can help yours!*

My journey with self-determination is robust! I am pursuing a Communications degree at Kalamazoo Valley Community College and have been on the honor roll every semester since I started in 2005. I determine the direction in my life and strive to further my independence by arranging public transportation to get to work, school, exercising weekly at the Portage YMCA, and visiting with family on holidays and birthdays. By addressing numerous venues like the AMBUCS service organization, local schools, statewide conferences, and many community committees about the principles of self-determination, I offer motivation to people with and without disabilities.

If your goal is to gain control, have the freedom to become independent, and you want to learn how self-determination can work in your life—**CONTACT ME!**

I am available to address any interested audience and recommend that everyone pursue Self-Determination as a way to achieve their goals, and change their life!