

As of 8.9.2023; Contains: E = Eggs, D = Dairy, W = Wheat, Soy, Nut

Day 1

Morning Break: Available Until 11:00AM

Coffee, Tea, Water, Juices, Yogurt, Granola, Hard Boiled Eggs, Donuts (W, E, D, Soy), Bagels, Cream Cheese, Butter, Peanut Butter, Jelly Whole Fruit

Lunch:

Romaine, Iceberg, Tomatoes, Cucumber, Garbanzo Beans, Sunflower Seeds, Cottage Cheese, Bacon, Feta Cheese, Banana Peppers

Greek Dressing, Ranch (E, D, Soy), Raspberry Vinaigrette

Hummus, Pita Bread (W, D,) Grilled Vegetable Pasta Salad (W), Olive Oil, Balsamic Vinegar, Mini Rolls (W), Butter

Grilled Chicken Thighs Shawarma, Tzatziki Sauce

Baked Salmon With Pineapple-Mango Relish

Spanakopita (W, D)

Mediterranean Rice

Squash Medley With Peppers, Olive Oil And Oregano

Dessert: Baklava (W, D, Nuts), Lemon Bars (E, D, Soy, W)

Afternoon Break: Available Until 4:30PM

Fresh Fruit Tray, Gardettos Snack Mix (W, D, Soy), Gold Fish Cracker (W, D), M&Ms, Peanut Butter (E, D, Nuts, Soy, W) And Sugar Cookies (E, D, Soy, W), Coffee, Tea, Water

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Day 2

Morning Break: Available Until 11:00AM

Coffee, Juices, Yogurt, Granola, Hardboiled Eggs, Muffins (E, M, W), Bagels, Cream Cheese, Jelly, Butter, Peanut Butter, Whole Fruit

Lunch

Mixed Greens, Tomatoes, Cucumber, Sliced Eggs, Bacon, Cottage Cheese, White Cheddar Cheese, White Beans, Green Onions

Ranch (E, D, S), Italian, Balsamic Vinaigrette

Spinach Dip (D), Pita Bread (M, W), Sliced Baguette Bread (W), Seafood Salad (Shellfish, F, D), Butter, Olive Oil, Balsamic Vinegar

Sautéed Chicken Breast With Artichoke, Tomato, Basil, Balsamic Glaze

Baked Cod With Lemon-Caper Beurre Blanc (D, F)

Penne Pasta With A Tomato-Coconut Cream Sauce (W)

Potatoes With Olive Oil And Rosemary

Broccoli And Carrots (D)

Dessert

Tiramisu (E, D, W), Cherry Pie (W)

Afternoon Break: Available Until 4:30PM

Vegetable Tray With Ranch (E, D, S), Assorted Chex Mix (W), Pretzels (W), Chocolate Chip (E, W, D, Soy) And Carnival Cookies (E, W, D, Soy), Andes Mints