

As of 8.9.2023; Contains: E = Eggs, D = Dairy, W = Wheat, Soy, Nut

## Day 1

### **Morning Break: Available Until 11:00AM**

Coffee, Tea, Water, Juices, Yogurt, Granola, Hard Boiled Eggs, Donuts (W, E, D, Soy), Bagels, Cream Cheese, Butter, Peanut Butter, Jelly Whole Fruit

### **Lunch:**

Romaine, Iceberg, Tomatoes, Cucumber, Garbanzo Beans, Sunflower Seeds, Cottage Cheese, Bacon, Feta Cheese, Banana Peppers

Greek Dressing, Ranch (E, D, Soy), Raspberry Vinaigrette

Hummus, Pita Bread (W, D,) Grilled Vegetable Pasta Salad (W), Olive Oil, Balsamic Vinegar, Mini Rolls (W), Butter

Grilled Chicken Thighs Shawarma, Tzatziki Sauce

Baked Salmon With Pineapple-Mango Relish

Spanakopita (W, D)

Mediterranean Rice

Squash Medley With Peppers, Olive Oil And Oregano

Dessert: Baklava (W, D, Nuts), Lemon Bars (E, D, Soy, W)

### **Afternoon Break: Available Until 4:30PM**

Fresh Fruit Tray, Gardettos Snack Mix (W, D, Soy), Gold Fish Cracker (W, D), M&Ms, Peanut Butter (E, D, Nuts, Soy, W) And Sugar Cookies (E, D, Soy, W), Coffee, Tea, Water