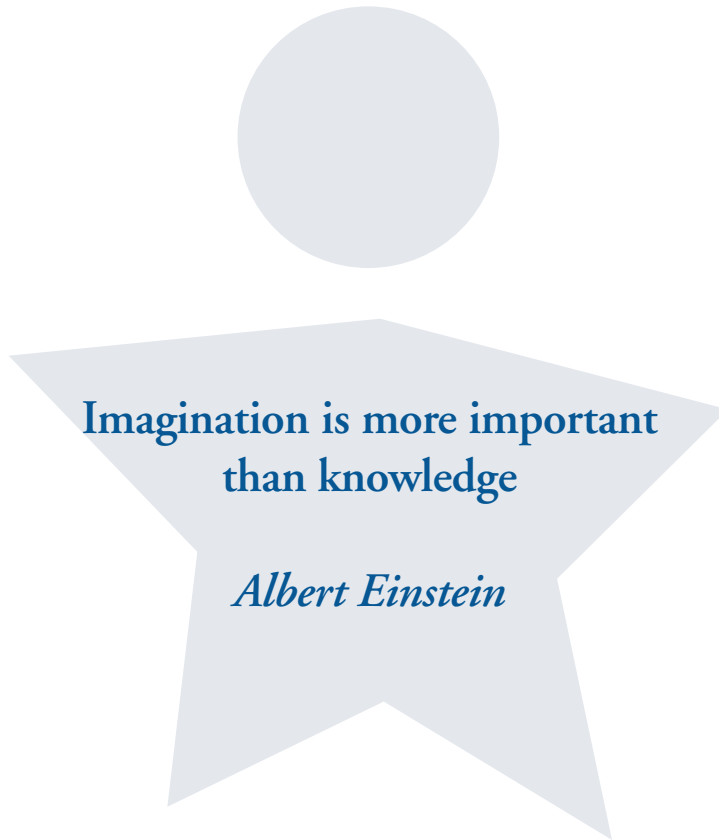


An Independent Facilitator for *your* Person Centered Planning



Center for
Self-Determination

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the beginning . . .

What is Independent Facilitation?

It all starts with Person Centered Planning. Person Centered Planning puts you in control of your supports and services. You choose what is important to you with a group of persons you choose. You choose the who, what, why and where of reaching your goals. Now you have another choice . . . you may choose who assists you with the meeting.

This person is called an Independent Facilitator.

This booklet was developed by Michigan advocates Pat Carver, Kathy Flowers-McGeathy, Dohn Hoyle, Gail Jackson, Alice Jeffrey, Jan Lampman, Robin Sefton, Michele Walker and Mary Wheeler and published by Center for Self Determination.

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- **You**
- **An advocate**
- **Someone you trust**
- **Someone who puts your needs FIRST**
- **Someone who has been trained**
- **Someone other than your support coordinator**
- **A member of your family**



2 What

**does an
Independent
Facilitator do?**

- **Helps you lead your person-centered plan**
 - **Believes in you**
 - **Helps put your dreams into actions**
 - **Assists you in arranging your meeting
(who to invite, where and when)**
 - **Makes sure you are heard and understood**
 - **Builds your plan your way**
 - **Develops your person-centered plan with you
and others who care about you**
-



3 Why

**should you use
an Independent
Facilitator?**

- **You want your needs and desires put forward
by someone who doesn't decide what will be
paid for**
 - **If you are concerned that your plan will not
become action**
 - **Your plan needs a fresh approach**
 - **You need some changes in your life**
 - **You want control of planning your life**
-



4 Where can you find an Independent Facilitator?

- **Ask a friend or an advocate you trust**
- **Ask your support coordinator to recommend someone**
- **Find someone yourself or do it yourself**

my next step . . .

- A** Request an Independent Facilitator from your Support Coordinator . . . before your pre-plan or PCP
- B** If you do not have someone in mind ask for a list
- C** After an Independent Facilitator has been contacted, the facilitator will call you for a preplanning meeting
- D** Be thinking about what you want . . . because you will be asked . . . (who, when, where, etc.)
- E** You choose who gets invited to your meeting
- F** At the meeting the Independent Facilitator will:
 - set the tone of the meeting
 - focus on you
 - keep people on track
 - puts your dreams to action
 - double check everything
 - record information or see that it's recorded
 - summarize needed supports
- G** The Independent Facilitator will follow-up with you
 - Did your plan get completed?
 - How are things going?
 - Are additional meetings necessary?