



2-9-22

Budget Authority Workgroup

Agenda

10:30 AM

Join Zoom Meeting

<https://us02web.zoom.us/j/87131421992>

Present: Jan Lampman, Todd Koopmans, Heather Hallett, Stephanie Laird, Angela Martin, Annette Downey, Tedra Jackson-Washington, Laura Demeuse, Sheryl Stombaugh, Melissa Fresh, Tonya Lawrence, Courtney Trunk, Jill Gerrie



1. **Welcome New Members** – Jan

- Sheryl S., Todd, Tayler has the flu 😞, Stephanie

2. **Quarterly Meeting with Behavioral Health and Developmental Disability Administration (BHDDA)**



The Partners Advancing Self-Determination (PAS) project staff (Angela Martin and Jill Gerrie) meet quarterly with staff from the Behavioral Health and Developmental Disability Administration (BHDDA) (Belinda Hawks, Laura Demeuse, Lyndia Deromedi, Matt Seager) from the Michigan Department of Health and Human Services and the Developmental Disabilities Council (Vendella Collins, Tedra Jackson-Washington, Yasmina Bouraoui) to talk about how

things are going with self-directed services. At the last meeting we learned:

- PIHPs (Pre-Paid Inpatient Health Plans) signed contracts with updated Self-Directed Services policy!
 - ✓ Annette asked, “Are there any next steps? Is there an amendment to the Community Mental Health (CMH) contracts?” According to Laura, Pre-paid Inpatient Health Plans (PIHPs) hold the money for Community Mental Health services. Community Mental Health organizations must provide self-directed services (also known as self-determination) as stated in PIHP contracts.
 - ✓ Tonya noted that some CMHs require too much training for direct support professionals. Laura said that the Michigan Department of Health and Human Services wants that fixed now. The only training required in the updated Self-Directed Services Policy and Technical Requirements Guidelines are recipient rights, blood-borne pathogens, First Aid, and training in the individual’s plan of service.
- We asked the group if there are people we need to include in our Budget Authority Workgroup to avoid some of the problems we have had with the updated Self-Directed Services Policy. It was suggested we include financial people from Community Mental Health (CMH) organizations or Pre-Paid Inpatient Health Plans (PIHPs).
- It was also suggested that we get on the agendas of workgroups within the Department (Michigan Department of Health and Human Services) to talk

about our work so it won't come as a surprise and so people can ask questions.

- We asked for a letter of support from the Michigan Department of Health and Human Services (ideally from Allen Jansen, Deputy Director) to the field about their support of this workgroup and improving budget authority. A draft letter will be developed by Tedra and Jill. It was suggested we include the National Center for Advancement of Person-Centered Practices and Systems' technical assistance in the letter as well. (Laura has applied to the National Center for Person-Centered Practices and Systems (NCAPPS) for technical assistance to improve self-directed services in Michigan.)
- Overall, the meeting was positive & productive.



General Information:

- BHDDA is the Behavioral Health and Developmental Disabilities Administration which develops policy for services in Michigan inside the Michigan Department of Health and Human Services.
- ARPA stands for the American Rescue Plan Act which includes one-time money from the federal government to help with problems from Covid 19.
 - ✓ The Michigan Senate passed the supplemental bill which included the ARPA funds. We still are not sure what the money will be used for, but many options have been presented.

- Laura is on the state review team for CMHs (Community Mental Health programs) and PIHPs (Pre-Paid Inpatient Health Plans). Now the review focuses on person-centered planning. Marie & Heather do interviews with people about their person-centered planning process for quality purposes.
- Todd talked about natural supports in person-centered plans and the need for independent facilitators to support the person for whom the plan is being written.
- Laura talked about conflict-free case management and independent facilitators. She said that now is the time to advocate for independent facilitators due to the beginning of the new conflict-free case management group.
- Annette brought up Support Brokers and Independent Support Coordinators. Laura said that CMHs (Community Mental Health programs) need to make sure that either the person using self-directed services is trained to be Supports Broker or has access to one.

3. Update on Self-Directed Services Policy and Technical Requirements Guidelines – The PIHPs (Pre-Paid Inpatient Health Plans) all signed off on the contracts that include the updated policy!



- There was a training on 2/15 about the updated Self-Directed Services Policy. Laura reviewed the Technical Requirements Guide and introducing the S-D Help Desk. The Help Desk will be open to anyone. It will answer questions about self-directed services and will develop frequently asked questions documents for

everyone. Laura was asked to please bring information from the Help Desk to this group.

- The next webinar will be on employment and is scheduled for 3-15-22 from 3:00 – 4:00 p.m. To attend this training please email Heather at heather@arcmi.org.
- The date for the Self-Determination Conference has been pushed back a little. Laura will let us know the details at our next meeting on 3-9-22.

4. **Survey** – The survey will let us know where we are for self-directed services around the state. It is intended for a broad audience. Angela reviewed the survey with us and explained the questions. The survey will be on the PAS web page, a link will be given to folks that attend S-D training, to Arc Chapters, peer mentors, S-D Coordinators, and Self-Advocates of Michigan.



- Deadline was 3/1/22.
- There will be preliminary data at next meeting
- The survey language will include people with all kinds of disabilities.
- A discussion was held about whether a satisfaction question should be included in the survey. Question about whether happy with S-D? It was decided satisfaction questions and questions about control will be done in another survey that will be done later.

- Angela drafted a note to go with forwarded surveys.
- Thank you everyone!

5. Research Updates –

- Pat's information will be provided at the next meeting.
- Jan talked to folks in North Carolina. Their S-D process was described as amazingly simple. Based on assessment tools and the person-centered plan (PCP) a decision is made about what resources a person needs. Using all these factors an amount is determined and then the person gets to decide how that money is spent. People can change their mind and it is very easy to change money between budget line items. Is kind-of a hybrid of what we have. Raquel, the woman Jan talked to, would be happy to discuss with all of us or a group of us.
 - ✓ Question for Raquel, "What happens if you under or over-estimate your budget?"
- The information we collect shows our state that these options are possible. They do not need to be afraid of Medicaid jail! All states had to get CMS (Center for Medicare/Medicaid Services – the federal organization in charge) approval.
- Melissa went through handbook for Minnesota's self-directed services program. It is kind-of the same as



Jan's report. The handbook was very detailed. Parents of minors can get paid to work, and there are guidelines for what the money can be used for. (Jill will send Melissa's report with these notes)

- Are there other states to look at? Pat is looking at New Zealand where there is lots of knowledge to be gained. Laura's meeting with Maine next week so will get information to share at our next meeting.

6. Other

- Families will be invited to be a part of a group to review what we do. Please send names to Jill & Jan.
- We will review waiver language and Appendix E.
- Laura will talk about a survey she would like to do that would go to Self-Determination Coordinators at our next meeting.



7. To Do

- Look for Stephanie's article this Sunday.
- A draft letter for Allen Jansen to sign will be developed by Tedra and Jill
- Melissa, please send family member names to Jill & Jan.
- Pat will talk about New Zealand at our next meeting.

TO DO LIST

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- Laura will talk about her S-D Coordinator survey and the Help Desk.
- Angela will present preliminary survey findings at our next meeting.
- Find CMH financial person(s) to join our group.

8. Future Meeting Schedule – 10:30 - noon

- ◆ 03/09/22
- ◆ 04/13/22
- ◆ 05/11/22
- ◆ 06/08/22
- ◆ 07/13/22
- ◆ 08/10/22
- ◆ 09/14/22
- ◆ 10/12/22
- ◆ 11/09/22
- ◆ 12/14/22

